

# Keith "Nurse Keith" Carlson

## RN, BSN

### Nurse, Coach, Blogger, Speaker, Writer, Radio Host

Keith Carlson has been a nurse since 1996. He is the well-known blogger behind the award-winning nursing blog, Digital Doorway, and is the founder of Nurse Keith Coaching and NurseKeith.com. Keith is an editorial contributor for Working Nurse Magazine and LPNtoBSNOnline.org, and has been a featured author in several non-fiction nursing books by Kaplan Publishing. Keith is the co-host and co-founder of RN.FM Radio, the newest Internet radio station devoted to the nursing profession. Keith's passion is helping nurses find balance and satisfaction in their personal and professional lives by preventing burnout and fostering optimal health and well-being!



#### **Available for:**

- Print-based interviews
- Radio & television interviews
- Live speaking engagements (conferences, keynotes, retreats)
- Webinars & virtual learning environments
- Group coaching sessions / coaching demonstrations
- Team-building exercises
- Guest posts, editorials

#### **Expertise in:**

- Nurse self-care & well-being
- Burnout prevention & recovery
- Nurse career management
- Writing about nursing & healthcare
- The intersection of social media, nursing and healthcare
- Guest posts, editorials

#### **Publications:**

~Digital Doorway (Jan. 2005-present): has maintained a popular nursing blog on Blogger.com platform since 2005. Subjects include nursing, medicine, healthcare, personal reflections. (<http://digitaldoorway.blogspot.com>)

\*Consistently listed in top 100 health blogs by Wikio.com.

\*Nominated in 2006 for "Best Literary Medical Weblog" by MedGadget.com.

\*Listed in top 25 nursing blogs by Nursing Online Education Database (noedb.org)

\*Chosen as Best of 2012 by <http://onlinenursepractitionerprograms.com>.

\*Listed in top 25 nursing blogs by kwikmed.org

~Working Nurse Magazine (2010-present): contributing author for well-known nursing trade magazine with significant online presence and wide print circulation in Southern California.

~LPN to BSN Online (2011-present): expert blogger for popular education website for nurses.

~BlackDoctor.org (2009-2012): editorial contributor and expert blogger for premier African-American health and wellness website.

~Nurse LinkUp (2006-2008): contributing author (original articles and blog posts) and Nurse Consultant for several iterations of professional nurse networking website ([nurselinkup.com](http://nurselinkup.com)).

~NurseConnect (2007-2008): contributing author and guest blogger ([nurseconnect.com](http://nurseconnect.com))

**Keith is featured in the following books:**

*Reflections on Doctors: Nurses' Stories About Physicians and Surgeons* (Editor: Terry Ratner, RN, MFA). Kaplan Publishing, 2008.

*Final Moments: Nurses' Stories About Death and Dying* (Editor: Deborah Witt Sherman, PhD, ANP). Kaplan Publishing, 2009.

*Nurses on the Run: Why They Come, Why They Stay* (Editor: Karen Buley, RN, BSN). Dog Ear Publishing, 2010.



**Media Appearances:**

RN.FM RADIO, Co-host and Founder. January, 2012 to present.

LIVING SUBLIME WELLNESS RADIO. January 18, 2013

BLISS 101 RADIO. July 6, 2012.

XM SATELLITE RADIO, Washington, DC. "Broadminded". November 11, 2008.

WOSU-AM, Columbus, Ohio. "Open Line with Fred Andrie". November 10, 2008.

WOCA-AM, Ocala, Florida. "AM Ocala Live/Health Matters". October 27, 2008.

WFSH-FM, Atlanta Georgia. "Kevin & Taylor in the Morning". October 24, 2008.

*"Keith is kind, compassionate and a man of integrity. His coaching ability is top-notch. He provides beautiful, guided meditations as we wrap up that are so appropriate to that particular session."*

*~Valerie Macklem, San Diego, CA*

*"Keith is a thoughtful, caring human, what is known as a mensch. He is a deep listener, and he has wide knowledge and experience as a nurse. He brings to his profession an integrity and compassion that others would like to emulate. The world is a richer place for his presence."*

*~Richard Sober, Pecos, NM*

**Contact Information:**

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Facebook: <http://facebook.com/nursekeithcoaching>

Linked In: [www.linkedin.com/in/keithallancarlson/](http://www.linkedin.com/in/keithallancarlson/)

Blog: <http://digitaldoorway.blogspot.com>

Website: <http://nursekeith.com>

Radio: <http://blogtalkradio.com/rnfmradio>

*"After our session, I said, 'Wow! Your words were like water to my soul,' ... The wisdom, experience, and direction he shared were invaluable and were just what I needed to move forward in a positive and new direction. His insight as a nurse is priceless. Shortly after our first conversation, he wrote the article about the 'soft landing', which is often needed for new graduates. I immediately shared the article with the dean and several professors from my nursing school, two HR departments, and two floor managers in local hospitals. I consider him a necessary resource as a professional nurse and look forward to the guidance I will be able to receive in different chapters of my nursing career as well as being able to refer him to others in our profession."*

*~Michele, RN, BSN, Dallas, Texas*